

TigerTimes

Sherrard Jr/Sr High Newsletter

April 2024

Tim Wernentin, High School Principal
Rick Basala, Jr. High Principal

April 1

No School

April 3

Booster Club Meeting - 6p

April 5 & 6

Musical - 7p

April 7

Musical - 3p

April 10

Early dismissal - 1p

April 17

School Board Meeting - 6p

April 20

Prom - 7-10p

April 24

Early dismissal - 1p

April 26

Trades Career Day - 9-11a

April 30

Achievement Awards - 6:15p

Principal's Note

Happy "Spring" to all! A reminder all students in grades 9, 10, and 11 will participate in the Scholastic Aptitude Test (SAT) testing series beginning on Monday, April 8 (9th grade), Tuesday, April 9 (10th grade), and Thursday, April 11 (11th grade). When juniors are done testing, they will be able to leave for the day. Freshmen, sophomores, and seniors will stay for the entire day. Seniors will remain in class for all testing days. Please help us by encouraging your student to get plenty of rest leading up to the test. We are providing snacks for all students that morning.

2024 Graduation Ceremony

We are happy to provide details regarding the 2024 Sherrard High School graduation. The following are pertinent and logistical details:

1. The graduation ceremony will be held on Sunday, May 19, 2024 at 12:00 p.m.
2. Because of the popularity of having the ceremony outside, we will again host the event at the football stadium. There will not be a limit on tickets and families may bring their own chairs for seating outside the fenced area.
3. In case of inclement weather, the event will be moved to the gymnasium. Overflow seating will be available in the commons or auditorium where guests may view the ceremony via live streaming.
4. Seniors' last day is Thursday, May 16 (for seniors exempt from taking finals, their last day will be May 14) and graduation rehearsal will be Friday, May 17 (we will serve breakfast at 8:30, have a "graduation walk" at the elementary buildings, and conduct rehearsal immediately after).

We are pleased to announce that we will have our Sherrard Achievement Award ceremony on April 30, 2024 at 7:00 p.m. in the auditorium (refreshments served at 6:15).

IMPORTANT DATES FOR ALL:

~NO SCHOOL March 29 & April 1 - Easter break

~Prom will be held Saturday, April 20 at 7:00 p.m. at the Camden Centre in Milan

~1:00 early dismissal on Wednesday, April 10 & 24

shs.sherrard.us • sjhs.sherrard.us



Sherrard Jr/Sr High School
4701 176th Avenue
Sherrard, IL 61281
High School 309.593.2175
Jr. High 309.593.2135

Stay informed!

Daily high school announcements will be posted on the Sherrard High School website. Please visit the website daily for information about all things happening at the high school. The link below will take you directly to the announcements:

https://www.youtube.com/results?search_query=sherrard+morning+announcements+TV

You may also want to connect to our District social media accounts.

Facebook:

<https://www.facebook.com/sherrardschooldistrict> -

Facebook ID is "Sherrard School District"

Instagram:

<https://www.instagram.com/sherrardschooldistrict/> -

Handle is SherrardSchoolDistrict

Twitter:

<https://twitter.com/home> -

Handle is @SherrardSchools

Athletics / Activities

Get up to date athletic and activities schedules on the Sherrard SNAP! website:

<https://schools.snap.app/SherrardHS>



As always, if you have any questions, please do not hesitate to call 309-593-2175 or email me at wernentint@sherrard.us. Thanks for your support in preparing your student for life after high school!

Tim Wernentin, Principal

JH Principal's Note

Dear Parents and Guardians:

Congratulations to State Wrestling qualifiers: Landon Clark and Quinn Zimmerman. Thank you to Coach Kirkhove and Coach Pender for a great season.

Congratulations to the 7th Grade Girls Volleyball team for advancing to the Sectionals. Great work girls and thank you to Coach Swanson and Coach Kelley for a successful season.

JH Track is underway and practice is until 5:00 pm. Be sure to come out for the JH Tiger Relays at home on Tuesday, April 16th at 4 pm. This is a large track invite with multiple schools participating. No passes will be accepted for admittance to this invite event. The PLC Conference track meet is on April 29th at Sherrard Jr. Sr. High. PLC Conference passes and student & Sherrard district passes will be accepted.

The Winter MAP scores are finalized. The 7th grade scored in the 99th percentile in Math and the 8th grade scored in the 94th percentile for growth. The 8th grade and 7th grade scored in the 84th percentile in Reading for growth. Great work and congrats to the students and teachers.

The JH Students will be taking the IAR Test on April 9th, 10th & 11th. The Illinois Assessment of Readiness in Reading and Math is an important test to determine where Sherrard ranks among the rest of the state JH schools.

Thanks everyone!

Rick Basala,
JH Principal

Student of the Month

HIGH SCHOOL

English: Alec Simms

Math: Addison Johnson

Science: Garrett Barnes

Social Studies:

Autumn Kongkousonh

Vocational: Levi Schurr

Fine Arts: Vivian Shivers

PE/Health: James Blackwell

Business: Riley Robinson

Special Forces: Chloe Barnes

JUNIOR HIGH

English: Nevaeh Tracy

Science: Isabel Aguilar

Social Studies: George Stroehle

PE/Health: Steven Hollins

Math: Jenna Day

Striving for Excellence:

Archer Faith



Prom 2024 - Enchanted Forest

Save the Date for the 2024 Prom!

Attention juniors and seniors!

Get ready to dance the night away at this year's highly anticipated Prom, happening on Saturday, April 20th! Join us at the elegant Camden Community Centre in Milan, Illinois, from 7 p.m. to 10 p.m. for an unforgettable evening of glamour, music, and memories.

Don't miss the crowning moment! Coronation will take place at approximately 9:00 p.m., so be sure to be there to witness the magic.

We're excited to announce that once again, our generous sponsor Healthy to Wholesome will be providing refreshing water and delicious cookies throughout the event. Let's show our appreciation by supporting them!

Get your dancing shoes ready and mark your calendars for an evening of fun and celebration at the 2024 Prom. See you there!

Post Prom

Junior & Senior Parents!

The SHS Post Prom committee is looking for Junior & Senior Class Families that are able to donate pre-packaged baked items, sweets, snacks or other favorite fun treats for the "Snack Walk" game at Post Prom. Please have items dropped off to Mrs. Diehl at the JH office anytime the week of April 15-19.

Post Prom will be held on Saturday, April 20th at Backyard Bowl, located at 2020 1st St. W. in Milan, following the completion of Prom until 2:00am. Juniors and Seniors from Sherrard that did not attend the dance are still welcome to attend post prom. Tickets are \$5. There will be pizza, Hy-Vee sub sandwiches, fountain soda, bowling, black light minigolf, arcade, soda ring toss, "Snack Walk" and more. Prizes will be drawn by all Sherrard seniors and juniors in attendance at the end of the event.

**Students will not be allowed to leave Post Prom early unless a written note from a parent is submitted to the HS office by the end of the school day on Friday, April 19th.

Tiger Closet

We have kept our Amazon Wish List up to date, but we know many are not Amazon shoppers and would still like to contribute. Here is a list of our "greatest needs." As always, we appreciate everyone's support, this labor of love wouldn't be possible without the community support we receive.

Needs:

- Laundry detergent
- Laundry stain remover
- Dryer sheets
- Dish soap
- Tampons
- Hair ties
- Face wash
- Face moisturizer
- Deodorant
- Hair dryers
- Toilet paper

For those that do want to use the Amazon Wish List, [click here](#) for it.

If you have any questions you can contact:

Vanessa Schulenberg at schulenbergv@sherrard.us or Erin DeKeyrel at dekeyrele@sherrard.us.



Achievement Awards

The Academic Achievement Awards ceremony will be held in the auditorium on April 30th at 7:00pm. Doors open at 6:15 for refreshments in the commons. This program recognizes the top students of each high school class, academic winners of seven subject areas, sports awards, future military recognition and a variety of scholarship winners.

Junior High Field Trip

A reminder that the Junior High 7th grade field trip is quickly approaching. It will be ALL DAY Tuesday May 14 at Nahant Marsh in Davenport. Look for more details and permission slips coming home toward the end of the month.

Summer Athletic Development

[Summer Athletic Development Sign Up](#)

Days:

High School (incoming 9-12): Tuesday, Wednesday and Thursday
 Jr High (incoming 7 and 8): Tuesday and Thursday
 Middle School (incoming 5-6): Wednesday

Dates:

High School: June 4-July 25 (7 weeks)
 Jr High + Middle School: June 11-July 25 (6 weeks)

Cost: FREE!

Groups:

Group 1 (HS Female Sports - Limit 40): 7:00-8:15am
 Group 2 (HS Male Sports - Limit 70): 8:00-9:15am
 Group 3 (HS Female Sports - Limit 40): 9:00-10:15am
 Group 4 (Jr High + Middle School - No Limit): 10:00-11:00am

Siblings will be given the same group if limits are reached - Coach Adams will contact parents/update the form if there are any issues.

Form Note:

You will need to fill out a form for EACH child separately.

Any questions, please contact Coach Adams (adamsb@sherrard.us)

From the HS Counseling/Academic Center:**ACADEMIC INFORMATION:****Assessment Information:**

Juniors will be taking the state mandated **Scholastic Aptitude Test (SAT)** on **April 11, 2024**. Any senior that did not take the SAT in the spring last year will be required to test.

The state is once again funding the **Preliminary Scholastic Aptitude Test (PSAT)** for 9th and 10th grade students. The PSAT 9 will be held on **April 8, 2024**, and the PSAT 10 will be held on **April 9, 2024**.

School will be in session as usual for the rest of the building on each test day.

Students enrolled in AP classes will be taking the **AP Exams in May**. More information will be available to AP students in the coming weeks. If you have any questions, please contact your student's AP teacher or Mrs Drish (drishju@sherrard.us).

Senior Parents:**FAFSA:**

Reminder that the FAFSA is required by the State of Illinois this year. If you don't plan on completing the FAFSA, you can opt-out by submitting a non-participation form. Non-participation forms can be found on the school website [HERE](#) or obtained in the Counseling Office. If your student plans on attending college or a trade school, FAFSA is the form you need to complete in order to access federal grants, loans, and work-study funds.

FAFSA Website: <https://studentaid.gov/h/apply-for-aid/fafsa>

Don't forget you will need an FSA ID to complete the FAFSA. Here is the website to create your FSA ID: <https://studentaid.gov/fsa-id/create-account/launch>

If you have any questions, contact Mrs. Drish (drishju@sherrard.us)

Scholarships:

Available scholarships are posted on the High School website - click [HERE](#) to access that page. Students also have access in the Senior Google Classroom.

Transcripts:

Final transcripts will be available for all Seniors towards the end of June. We will be asking students where they need their final transcripts sent at the end of May.

Senioritis is kicking in! Be sure to encourage and support your senior and remind them it's not over yet!



SOCIAL/EMOTIONAL INFORMATION:

Highlighting Hope: Mental Health Awareness Month at Sherrard JR/SR High School

April is National Mental Health Awareness Month, and at Sherrard JR/SR High School, we're committed to fostering a supportive environment where students prioritize their well-being. This month, we'll shine a spotlight on mental health resources and encourage open conversations about emotional health.

Why Talk About Mental Health?

Mental health is just as important as physical health. It impacts our emotions, thinking, and behavior, and can influence how we handle stress, relate to others, and make choices.

Supporting Your Teen's Mental Health:

- **Open Communication:** Create a safe space for your child to talk openly about their feelings. Be an active listener and avoid judgment.
- **Normalize Help-Seeking:** Let your teen know that seeking professional help for mental health challenges is a sign of strength, not weakness.
- **Be Aware of Warning Signs:** Changes in mood, sleep patterns, appetite, or social behavior can be signs of a mental health issue. If you notice these changes, talk to your child and encourage them to seek help.

Resources Available:

- **Student Support Services:** Our dedicated support staff are available to provide individual or group support for students facing anxiety, depression, stress, or other challenges. Encourage your child to reach out if they need someone to talk to.
- **Mental Health Resources:** Please reach out to a member of the student support service team for resources available in our area. We also have a new brochure with mental health resources available soon.
- **Nationwide Resources:** Encourage your child to explore the websites of organizations like the National Alliance on Mental Illness (NAMI) or the Jed Foundation, which offer resources and support specifically for teens.

Let's Work Together:

Mental Health Awareness Month is a great opportunity to start open conversations about mental health. Together, we can create a supportive environment where students feel empowered to prioritize their well-being.



blackwells@sherrard.us
drishju@sherrard.us

NINTH GRADE HEALTH REQUIREMENTS for SCHOOL YEAR 24-25

- All ninth grade students are required to have an updated school physical.
- State law requires Illinois Department of Public Health form to be used.
- Physical forms are available at the school and on the school district web site www.sherrard.us, go to **Departments** and select **Health Services, Health Forms** and **Student Physical Form**.
- Physicals must be completed and signed by a physician licensed to practice medicine, a physician's assistant, or an advanced practice nurse. **Chiropractors MAY NOT perform school or sports physicals.**
- Parents or guardians are required by state law to complete and sign the **health history** portion on the back of the physical form.
- **Sports physicals will not fulfill this requirement.** The ninth-grade physical may be used for a sport physical for 395 days from the date of the exam. Students who receive freshman physicals March 1, 2024 will need another sports physical by April 1 of 2025, if they desire to participate in spring sports. Please keep this in mind when scheduling your child's physical.
- Call for vaccine and physical appointments prior to end of this school year.
- A copy of your child's immunization record may be required by the health care provider.
- **STUDENTS NOT IN COMPLIANCE WITH PHYSICAL AND IMMUNIZATIONS WILL BE EXCLUDED FROM SCHOOL PER STATE REQUIREMENTS. Completed physicals must be turned in by 10/15/24 or students will be excluded until physicals are completed.**

Dental Requirements

All 9th grade students must have a current dental exam dated after 11/15/23 or waiver completed by May 15, 2025. Forms are available on the district web site, select **Departments, Health Services, and Health Forms**. Health Requirement information and physical forms were given to parents at the registration meeting on Jan. 25, 2024. The remaining forms were given to the students whose parents were not in attendance at the meeting. Please contact the school nurse if you did not receive this information.



2024-2025 IMMUNIZATION REQUIREMENT FOR TWELFTH GRADE

*This information and a copy of students' immunization records will be included in the registration information which will be sent home with 11th grade students in January.

All students entering the **12th grade** shall show proof of having received two doses of the **meningitis vaccine** prior to entering the **12th grade**. The first dose shall have been received on or after the **11th birthday**, and the second dose shall have been administered on or after the **16th birthday**, and at least eight weeks after the first dose. If the first dose is administered when the child is 16 years of age or older, only one dose is required.

STUDENTS NOT IN COMPLIANCE WITH IMMUNIZATION REQUIREMENTS WILL BE EXCLUDED FROM SCHOOL ACCORDING TO SCHOOL CODE AND DISTRICT POLICY. Please provide verification of vaccines by the first day of school. Students not in compliance by October 15, 2024 will be excluded until requirements are met.

*****NOTE:** This must be the Meningococcal vaccine (Menactra or Menveo). The Meningitis B Vaccine otherwise known as Trumenba or Bexsero **does not** meet this requirement. Some pharmacies such as Walgreens have administered the Meningitis B vaccine instead of the Meningococcal Vaccine.

Notices regarding the need for the vaccine are given to the students when they register for classes for the 24-25 school year. Please contact the school nurse if you did not receive this information from your student.





DENTAL CLINIC & DENTAL EXAMS

The State of Illinois requires dental exams for all **9th grade students**. Students currently in **9th grade** are required to have a completed dental exam dated after **November 15, 2022** or a waiver on file by **May 15, 2024**.

Mercer County Health Department will provide a free dental clinic, for qualifying students at the Jr./Sr. High School on Friday, April 19, 2024, during the school day. Only students with completed parental permission forms will be seen. Call the school nurse at 593-2175 for permission forms or questions. Forms are available at all schools and also on the District Web Site. Students in all grades may participate in the clinic.

Dental insurance is accepted. Parents/guardians are responsible for any fees not covered by insurance.

Students who don't qualify for free services, may also use this service for an exam, cleaning, fluoride or sealants. The cost for the various services are listed below.

Exam \$29
Cleaning \$43
Fluoride \$27
Sealants \$37 x each tooth, (could do up to 4 teeth)

An exam is all that is required to meet the Illinois dental exam requirement.

Checks can be made out to Mercer County Health Department. Cash is also accepted. Forms and Payment needs to be turned into the school by 4/5/24.



APRIL 2024

Sherrard Jr-Sr High School Menu

LUNCH



School Information: Menu Subject to Change
Early Dismissal – April 10th & 24th
This institution is an equal opportunity provider.



Applications for free/reduced meals are available at each attendance center or on the district website. Families must pay for meals eaten prior to applications being approved. Students with a negative balance will not be allowed to charge a la carte items.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

No School

1

Chicken Nuggets
Mashed Potatoes
Corn
Applesauce
Milk Choice

2

Lasagna Roll up
Marinara - Breadstick
Tater Tots - Mixed Fruit
Milk Choice

3

Crispitos
Refried Beans
Salad w/tomatoes
Apple Slices
Milk Choice

4

Deep Dish Cheese Pizza
Fries
Carrots
Pineapple
Milk Choice

5

Chicken Hoops
Corn – Celery
Mixed Fruit
Sports Grahams
Milk Choice

8

Cheese Bites
Marinara
Green Beans – Carrots
Pears
Milk Choice

9

Ribette/Bun
Baked Beans
Broccoli
Pineapple
Milk Choice

10

Hamburger/Bun OR
Grilled Chicken/Bun
Fries – Celery
Baked Apples
Milk Choice

11

Toasted Cheese
Tomato Soup
Broccoli – Applesauce
Goldfish Crackers
Milk Choice

12

Breaded Chicken/Bun
Tater Tots
Green Beans
Pears
Milk Choice

15

Corn Dog
Broccoli
Corn
Mixed Fruit
Milk Choice

16

French Toast Sticks
Egg Patty
Hash Browns – Carrots
Peaches
Milk Choice

17

Popcorn Chicken
Baked Beans – Celery
Apple
Animal Crackers
Milk Choice

18

Garlic Ripper
Marinara
Garlic Waffle Fries
Carrots – Pineapple
Milk Choice

19

TigerRite/Bun OR
Grilled Chicken/Bun
Fries – Green Beans
Mixed Fruit
Milk Choice

22

Chicken Tenders
Baked Beans
Broccoli – Pineapple
Sunchips
Milk Choice

23

Cheeseburger/Bun
Tater Tots
Carrots
Applesauce
Milk Choice

24

Walking Tacos
Lettuce – Tomatoes
Refried Beans
Peaches
Milk Choice

25

Chicken Quesadilla
Broccoli – Corn
Apple Slices
Heartzels
Milk Choice

26

Mini Corn Dog
Baked Beans
Broccoli
Applesauce
Milk Choice

29

Baked Spaghetti
Breadstick
Green Beans – Carrots
Peaches
Milk Choice

30



APRIL 2024

Sherrard School District PreK-!2 Menu

BREAKFAST



School Information: Menu Subject to Change
Early Dismissal – April 10th & 24th
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Applications for free/reduced meals are available at each attendance center or on the district website. Families must pay for meals eaten prior to applications being approved. Students with a negative balance will not be allowed to charge a la carte items.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

No School

1

Cereal Bowl
Snack Cookie
½ Cup Fruit
½ Cup Juice
Milk Choice

2

Cinnamon Super Stix
½ Cup Fruit
½ Cup Juice
Milk Choice

3

Mini Cinnis
½ Cup Fruit
½ Cup Juice
Milk Choice

4

Cereal Bar
Cheese Stick
½ Cup Fruit
½ Cup Juice
Milk Choice

5

Muffin

8

½ Cup Fruit
½ Cup Juice
Milk Choice

French Toast Sticks
Syrup
½ Cup Fruit
½ Cup Juice
Milk Choice

9

Egg & Cheese Omelet
Goldfish Crackers
½ Cup Fruit
½ Cup Juice
Milk Choice

10

Mini Pancakes/Syrup
½ Cup Fruit
½ Cup Juice
Milk Choice

11

Breakfast Burrito
½ Cup Fruit
½ Cup Juice
Milk Choice

12

Fruit Frudel
½ Cup Fruit
½ Cup Juice
Milk Choice

15

Mini Bagel
½ Cup Fruit
½ Cup Juice
Milk Choice

16

Mini Waffles/Syrup
½ Cup Fruit
½ Cup Juice
Milk Choice

17

Mini Banana Loaf
½ Cup Fruit
½ Cup Juice
Milk Choice

18

Sausage Pancake Bites
½ Cup Fruit
½ Cup Juice
Milk Choice

19

Muffin

22

½ Cup Fruit
½ Cup Juice
Milk Choice

Cereal Bowl
Snack Cookie
½ Cup Fruit
½ Cup Juice
Milk Choice

23

Mini Pancakes/Syrup
½ Cup Fruit
½ Cup Juice
Milk Choice

24

Cinnamon Crunch Barf
½ Cup Fruit
½ Cup Juice
Milk Choice

25

Whole Grain Poptart
½ Cup Fruit
½ Cup Juice
Milk Choice

26

Mini Cinnis
½ Cup Fruit
½ Cup Juice
Milk Choice

29

Cereal Bowl
Snack Cookie
½ Cup Fruit
½ Cup Juice
Milk Choice

30



APRIL 2024

BREAKFAST



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

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4

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